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QUARTER 2 2025

PRESIDENT'S MESSAGE

Mitchell Fong, FACHE, MPH, EMBA — **President, ACHE-Nevada Chapter**

ACHE-NV Chapter Members,

Welcome to Summer! What a great time of year to get out to Lake Tahoe with family and enjoy the warmer weather as it heats up! Travel season is upon us, so be safe when you travel and I hope you enjoy fun with family!

We've had an eventful second quarter, building on the strong foundation laid in Q1. I'm especially thrilled to share some exciting news that highlights our chapter's commitment to excellence and growth.

First and foremost, ACHE Congress in Houston was a resounding success! It was wonderful to see so many of our members networking, learning, and growing, and the turnout from the Nevada chapter was great. The warmer weather in Houston was a welcome change from Chicago, where the conference is normally held. This year had the largest attendance at ACHE Congress History, with over 7,000 attendees!

I'm also incredibly proud to announce that our chapter was recognized as a Chapter of Distinction in 2025! This signifies our strong performance in 2024. Congratulations to our chapter, and a huge thank you to our immediate past president, Dr. Maia Carter, for her exceptional leadership!

A significant step forward for our chapter is the launch of our new website (acheNV.ache.org)! Please take some time to explore it. The events page is now updated with a link to the Eventbrite page listing our upcoming events! The schedule is current, so please be sure to use it. Note that the old website is still in the process of being taken down and IS NOT CURRENT. Please use the new website (acheNV.ache.org) to ensure you have the latest information.

We are continuing to focus on delivering value to our members. We look forward to the results of the national survey that was distributed in May. This is very important for each chapter as it gives us feedback from our chapter members on current satisfaction as well as provides an opportunity to hear what our members want and need. The results are critical to strategic planning efforts as well as content and event development.

We are continuing to focus on sustainability and partnerships with a recently launched sponsorship program. We are excited to offer ACHE NV chapter sponsorships on annual terms! We are very excited for this and know it will go a long way to allow us to continue to grow and expand the student sponsored memberships, student scholarships, and various other educational, networking, and charity events that we host or sponsor as well! Details are available on the new website so please reach out with any inquiries and share with your network!

Our mentorship kickoff was a true success, with all participants seeming excited for this year's mentorship program! We also had a great panel discussion from graduates of our mentorship program, and it was fantastic to hear from former participants share their experience with the current 2025 cohort!

We were honored to celebrate with our future healthcare leaders at the UNLV SPH graduation honors ceremony updates. The UNLV SPH graduation and honors ceremony was a reminder of our mission and values at ACHE Nevada by helping to foster the development of healthcare leaders. Being there to present the scholarship recipients for ACHE Nevada as well as Nevada Healthcare Forum was amazing and highlights the value that our partnerships and sponsorships bring to the community. We are excited for the recipients and looking forward to exploring how we can continue to expand on programs that invest in future healthcare leaders.

As we look to Q3, we're gearing up for some fantastic networking and engagement opportunities. Q3 is coming up quick and so are baseball games! The Reno game on 6/12 and the Las Vegas game is in late July. We look forward to seeing you all there! Check the schedule of events for more upcoming events!

Thank you for your continued dedication to ACHE-NV. Your engagement makes our chapter vibrant and impactful.

Sincerely,
Mitchell Fong, FACHE, MPH, EMBA 2025 ACHE Nevada Chapter President
"Leadership is not about a title or a position, but about influence, inspiration, and impact." – John C. Maxwell

REGENT'S MESSAGE

Khanh Andersen, FACHE — **Regent, ACHE-Nevada Chapter**

Spring into Summer 2025

Greetings, ACHE Colleagues!

How is it so hot out already?! As the summer sun heats up Nevada, it brings with it another season of transition, growth, and possibility, especially with the conclusion of the 2025 Nevada legislative session. This is our time as healthcare leaders to guide our teams with clarity, compassion, and courage as new legislation coming out of Session will certainly shape the landscape of our healthcare systems. We have a duty to mindfully navigate these changes for the benefit of our patients and our communities. The challenges we face in healthcare are complex and ever-changing. Some key legislation passed during the session includes:

- **SB266**, expanding Medicaid reimbursement to a broader range of healthcare professionals, such as physician assistants, dentists, nurses, and mental health providers, to address the growing demand for services.
- **AB234**, aligning Medicaid coverage with the Affordable Care Act to include screenings for lung, prostate, and colorectal cancers, ensuring comprehensive preventive care for all Nevadans.
- **SB9**, reducing the time insurers have to respond to prior authorization requests which aims to expedite care delivery.

These bills reflect our state's commitment to improving healthcare access and affordability. However, they also underscore the necessity for healthcare leaders to remain agile and proactive in adapting to policy changes and fostering collaboration across the political spectrum. As we navigate this dynamic landscape, let us be reminded to draw inspiration from the resilience and adaptability that summer symbolizes. Just as the season nurtures growth and renewal, so too must we cultivate innovation, compassion, and unity within our organizations.

May this summer serve as a reminder of our shared purpose and the profound impact we have on the health and well-being of our communities. Together, we can turn challenges into opportunities and continue to lead with excellence and empathy. The work we do matters deeply—and so do you.

All the best,
Khanh Andersen, MHA, FACHE

MENTORSHIP PROGRAM

Adam Haas
Mentorship Program Chair

ACHE-Nevada Mentorship Program: Mid-Year Momentum

We're now **three months** into the 2025 ACHE-Nevada Mentorship Program, and the connections being built have already proven to be deeply meaningful across the cohort.

Our most recent event on **May 20**, titled *"Mentorship in Motion: A Roundtable Discussion*," was a resounding success. Mentees and mentors shared powerful insights about building trust, navigating challenges, and the unexpected ways these relationships have made an impact.

Looking ahead, our next virtual check-in is set for **Tuesday, July 16**. This will be another chance to reflect as a group, re-align on goals, and keep the momentum going strong into the second half of the program.
In the meantime, here are a few quick tips to keep your mentorship strong:

- **Check in monthly** – even a quick 15-minute call can go a long way
- **Revisit your goals** – are you on track or does anything need adjusting?
- **Share resources** – articles, podcasts, or projects can spark new conversations
- **Be real** – talk about challenges as well as wins

Thank you all for your continued commitment to meaningful mentorship!

MEMBERSHIP

Adesuwa Odubele	Johnny Ginnity, Jr., FACHE
Anne Marie Gonzaga	Jonathan M. Plasencia, FACHE
Brynda Collins, MBA, BSN, RN	Joseph Cadiz
Charisse Lourdes V. Sur	Martha Tokos
Christopher Ratliff	SSgt Isaac Cox
Clifton Hinds	Sydney D. Moehnke

MEMBER SPOTLIGHT - APRIL 2025

RYAN TINGEY

CHIEF EXECUTIVE OFFICER, VALLEY HOSPITAL MEDICAL CENTER

Number of years in your position: 6 months
Alma Mater(s): Brigham Young University (BS) and University of Minnesota (MHA/MBA)
Hometown: Sandy, Utah

TELL US ABOUT YOUR CAREER JOURNEY.

I have always enjoyed learning and as an early careerist enjoyed getting diverse experiences across healthcare delivery (Intermountain Healthcare, Duke University Medical Center) and medical device (W.L. Gore & Associates). After completing graduate school I moved to Houston, Texas to complete a fellowship with St. Luke's Episcopal Health System (now CHI St. Luke's). Following my fellowship I spent a few years working with the System CEO and our international team supporting patients traveling to Houston for care. After 6 years in Houston, I joined my current organization, Universal Health Services. I started in Southern California in our executive development program before moving to Las Vegas for a COO opportunity at Henderson Hospital. After 4 years at Henderson Hospital I spent a year as COO at Spring Valley Hospital before moving to Valley Hospital as CEO. Having supportive mentors and employers willing to invest in my development has been instrumental in providing opportunities to take on additional responsibilities as a healthcare executive.

WHY DID YOU JOIN ACHE AND HOW LONG HAVE YOU BEEN A MEMBER?

I first joined ACHE in 2004 when I was an undergraduate at BYU. The value that ACHE has been to me has changed throughout my career journey. I first attended Congress as an undergraduate, in part so that I could meet faculty and students from many of the graduate programs I was considering. I was also blessed to receive an ACHE scholarship that helped cover some of my graduate school expenses. As a healthcare executive ACHE provides opportunities for networking and continued education to stay current on healthcare best practices.

WHAT WOULD YOU TELL OTHER PROFESSIONALS WHO HAVE NOT JOINED ACHE AS TO THE BENEFITS OF MEMBERSHIP?

I am passionate about continuing education and ACHE provides a great opportunity to continue to sharpen your skills through the ACHE publications and educational events. There are also numerous opportunities to be involved in the local ACHE chapter by serving in committees or on the Board.

WHAT WOULD YOUR WORDS OF ENCOURAGEMENT BE TO EARLY CAREERISTS ABOUT PURSUING HEALTHCARE LEADERSHIP POSITIONS GIVEN THE EVER-CHANGING HEALTHCARE ENVIRONMENT?

Every day as a healthcare executive looks different because the challenges we face are always evolving. We need strong leaders more than ever and healthcare leadership is a great field for individuals passionate about finding purpose in their careers and helping improve the lives of their patients and communities.

DIVERSITY, EQUITY & INCLUSION

Kyle Underwood, MHA
DEI Chair

Evolving Our Approach: Continuing Courageous Conversations Through New Formats by Kyle Underwood, MHA

The ACHE-NV DE&I Committee would like to share an important update regarding the future of our Courageous Conversations series. After careful reflection, we've made the decision to pause the series for the remainder of the year.

This decision wasn't made lightly. It reflects several key considerations, including the ongoing uncertainty around national diversity, equity, and inclusion efforts, lower-than-expected attendance despite strong outreach, and the evolving cultural environment surrounding these important conversations.
Although we're stepping back from the formal Courageous Conversations events for now, we are not stepping away from the work. Instead, we plan to bring these topics into a more accessible space by highlighting one theme in each upcoming ACHE-NV newsletter. Our goal is to keep the spirit of Courageous Conversations alive through thoughtful content, resources, and opportunities for reflection.

We're beginning with a topic that continues to resonate across our healthcare community: ***Mental Health and Well-being in Healthcare.***

<u>Mental Health and Well-being in Healthcare: Shifting the Focus</u>
Healthcare is a field built on compassion and commitment—but often at a cost. The pressures of clinical care, leadership responsibilities, and ongoing system challenges can leave healthcare professionals feeling stretched thin, emotionally drained, and isolated.

More than ever, we need to bring mental health to the forefront. This isn't just about burnout or self-care. It's about creating workplace cultures where mental and emotional well-being are valued, protected, and supported.

What does that look like in practice?

First, it means normalizing the conversation. Mental health should be just as discussable as physical health. When leaders and peers openly acknowledge the realities of stress, trauma, and fatigue, it helps reduce stigma and encourages others to speak up and seek help.

Second, it requires real organizational support. Whether through peer support groups, flexible work arrangements, mental health benefits, or safe spaces to decompress, institutions play a key role in providing the infrastructure people need to recover and thrive.

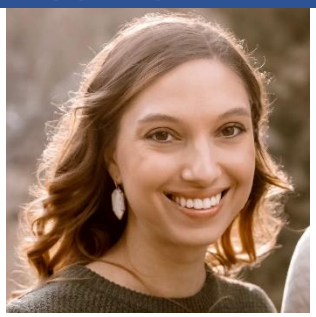
Third, we have to recognize that mental health and DEI are deeply connected. Team members from historically marginalized backgrounds often face added layers of stress, discrimination, and lack of access to culturally competent care. Equity must be part of every well-being strategy.

These aren't one-time fixes—they're long-term investments in the health of our workforce and, ultimately, the patients we serve.

In the months ahead, the ACHE-NV DE&I Committee will focus on building strategic partnerships across the healthcare community. These collaborations will help ensure that a DE&I perspective remains integrated into the broader conversations and initiatives shaping the future of healthcare in our state.

We're grateful for the support, feedback, and dedication of our members. If you have ideas or would like to contribute to an upcoming topic, we'd love to hear from you. These conversations are just as important as ever—they're simply taking a new form.

EDUCATION AND NETWORKING



Emily Denson
Education and Social Program Chair

As we close out the second quarter of 2025, the ACHE Nevada Chapter is proud to reflect on a series of impactful events that brought our healthcare leadership community together across the state. From educational panels to celebratory milestones and community-building experiences, Q2 was marked by momentum and meaningful engagement.

April 23 – Rethinking the Ambulatory Care Network | Topgolf, Las Vegas

In collaboration with the Healthcare Leaders Association (HLA), we hosted an in-person education and networking event at Topgolf Las Vegas. Centered on the theme *"Rethinking the Ambulatory Care Network,"* this event featured an expert panel that explored the evolving dynamics of ambulatory care delivery. Attendees earned 1.5 ACHE face-to-face education credits while engaging in insightful dialogue and strengthening professional connections over a fun evening of golf and camaraderie.

April 24 – Southern Nevada Women's Leadership Breakfast | Las Vegas
With the empowering theme *"Our Voice, Our Strength: Leading with Influence,"* our Southern Nevada Women's Leadership Breakfast brought together inspiring voices in healthcare and public service. We were honored to welcome keynote speakers **Mayor Shelley Berkley** and **Jackie Van Blaricum**, President of HCA Far West Division, who shared powerful stories and lessons on leadership, advocacy, and resilience. The morning fostered a sense of unity and motivation for women and allies across all levels of leadership.

May – Celebrating the Future: ACHE NV Scholarship Recipients Honored
In May, we had the privilege of celebrating our ACHE Nevada Scholarship recipients during the UNLV School of Public Health Honor Ceremony. These outstanding students represent the future of healthcare leadership in our state. We are proud to support their educational journeys and look forward to their contributions to the field!

June 12 – ACHE Night at the Ballpark | Reno Aces Stadium
We closed out the quarter with a night of fun and fellowship at Greater Nevada Field in Reno for our Northern Nevada Baseball Night. Sponsored by USI Insurance Services, this event brought together members and their guests to enjoy America's favorite pastime while deepening connections across our chapter. A big thank you to USI for their continued support in helping us build community beyond the boardroom.

As we gear up for Q3, we remain committed to creating experiences that inform, inspire, and unite. Thank you to all who participated and made these events possible. Your involvement is what makes our chapter strong!

Please join the Nevada Chapters of ACHE and HIMSS for our annual Night at the Ballpark social networking event. The chapters will have a suite at the Las Vegas Ball Park filled with food and drinks.

The event has been graciously sponsored by G Bank!

SOUTH ACHE & HIMSS NV: Night at the Ballpark Tickets, Wed, Jul 30, 2025 at 6:00 PM | Eventbrite

We have an exciting opportunity to meet Craig McCoy the CEO of the Centennial Hills Hospital and his leadership team throughout different areas of the hospital.

We will learn about Centennial Hill's capabilities and how they will meet the needs of the surrounding community. Light bites and facility tours will be provided.

Meet the Chiefs: Centennial Hills Hospital Tickets, Tue, Aug 12, 2025 at 11:00 AM | Eventbrite

2025 Northern Nevada Women's Leadership Breakfast

Nevada Health Careforum
Issues Impacting Nevadans

Thursday, September 18 at Atlantis from 7:30A -9:30A

Join us Sept. 18th at Northern Nevada Women's Leadership Breakfast

ACHE Nevada
An Independent Chapter of American College of Healthcare Executives

Nevada Health Careforum
Issues Impacting Nevadans

HIMSS NEVADA CHAPTER

hfma nevada chapter

HLA HEALTHCARE LEADERS ASSOCIATION NEVADA

Meet Our *Speaker*

Jennifer Rogers Markwell

Emmy® nominated journalist, Jennifer Rogers Markwell, changed gears in her television career when she realized the need to help women and their finances. It started at home for Jennifer after her grandfather passed away and she wanted to help her grandmother make sense of investing. After founding the firm, Platinum Wealth Management, she regularly hosts monthly educational workshops to empower women & others to take charge of their investments. Jennifer also anchors the "Platinum Talks Wealth" Podcast where she discusses with her guests the psychology behind money memories and financial infidelities.

Meet Our *Speaker*

Tiffany McMacken

Tiffany McMacken is the founder of The Willow Group, a leadership development firm dedicated to helping organizations thrive by unlocking the full potential of their people. With 25 years of experience, Tiffany serves as a Leadership Development Strategist, Positive Work Culture Expert, and Collaborative Innovator. Her deep understanding of leadership dynamics, team alignment, organizational effectiveness, and tailored training solutions allows her to deliver innovative programs that foster growth, inspire collaboration, and drive meaningful outcomes.

Meet Our *Speaker*

Haydeé Acebo is an open water swimmer and philanthropist who has achieved remarkable feats and made a positive impact. She became the first Latina to complete the challenging Viking Swim across Lake Tahoe.
Haydeé's heart is dedicated to helping others, and she has raised over $21,000 for various important causes, including mental health, survivors of abuse, addiction recovery, human trafficking, cancer, and rare diseases.
Through her inspiring TEDx talks, "Asking for Help is not a burden, it's a connection" and "What the Open Water Taught Me," Haydeé encourages others to reach their potential and find meaningful connections in unexpected places.

Reach out to a Board Director or email Nevada@ACHE.net for more information on how to become a sponsor for one of our events!

ACHE-news is delivered to all members biweekly and features the latest ACHE news and resources, as well as an aggregate of current articles from leading publications. See link below.
http://www.ache.org/newclub/newslttr/ENEWS/ENEWS.cfm

The Professional Development Digest is delivered to all members biweekly and each issue features in-depth information about an upcoming ACHE program or event, a Career Corner that offers tips and resources and a calendar of upcoming face-to-face and online programs. See link below.
http://www.ache.org/newclub/newslttr/pdd/pdd.cfm

Elevating Leadership is a digital publication that provides high-level perspectives on the top challenges facing healthcare leaders like you. See link below.
http://www.ache.org/newclub/newslttr/Elevating_Leadership/index.cfm